

Senior Women's Leadership Circle

A 4-week journey into clarity, confidence & conscious leadership — for experienced women in senior roles.

Why This Circle Exists

At higher levels, women navigate political complexity, emotional load, and difficult decisions, often without a peer space where they can speak openly and reflect honestly. On a small island, this isolation is even more pronounced.

This circle brings together senior women who understand the weight of leadership, offering a space that is grounded, confidential, and free of corporate performance.

What This Journey Offers

Through three online sessions and a retreat on a regenerative farm, participants will:

- reconnect with inner clarity and self-trust
- strengthen their influence in complex environments
- navigate high-stakes conversations with composure
- shift patterns that drain energy or create overload
- explore conscious leadership in practice
- connect with a trusted circle of senior women

How It Works

- **3 Online Sessions (90 min)**
- **1 Full-Day Retreat at Just Natural farm**
- **Private WhatsApp Group for reflections**
- **Optional 1:1 Mentoring Add-On**

Maximum **6 participants**.

Chatham House Rules apply.

Session Themes

1. **Clarity at the Centre** — leading from a steady, grounded core
2. **Courageous Influence** — navigating complexity without backlash
3. **Leading Consciously** — creating impact without overload
4. **Retreat: Release, Reclaim, Rise** — embodied integration & fire ritual

Who Facilitates

Nathalie — former Executive and board director with 30+ years in corporate roles across male-dominated industries.

Her approach:

No performance. No pretending.

Just honest leadership conversations between women who understand responsibility.

Launch

2026 — Limited to 6 participants.

Registration opens soon.